



# Crunchy Caterpillar

## Playdough Recipe

### You will need:

1 cup flour

½ cup salt

2 tbsp cream of tartar

1 tbsp oil

Yellow food colouring or 1 tbsp yellow powder paint

1 cup boiling water

Few drops glycerine

Yellow split peas

Couscous

Additional decorations e.g. matchsticks, straws, bottle tops,  
pom-poms (optional)

### Method

1. Mix together the flour, salt, cream of tartar and oil in a large mixing bowl.
2. Add 5-10 drops of the food colouring/powder paint (depending on how dark you want the playdough), to 1 cup of boiling water.
3. Add the water gradually to the other ingredients in the large bowl, then add a spoonful of the split peas and couscous.
4. Stir the mixture well until it is combined together.
5. Once you feel it has cooled enough, roll it out on a flat surface, knead it together and get playing.
6. You may like to add some items to the dough to make a caterpillar, e.g. matchsticks, straws, bottle tops, pom-poms etc.