



Wilbraham Primary PSHE Education- Proposed spiral curriculum

Some aspects of the PSHE curriculum will also be addressed through the science curriculum; these links are not referred to in this document.

Please note: Whilst explicit information about career aspirations and advice is not included in this curriculum overview, it is important to explore these issues through relevant themes in the PSHE curriculum or through other cross-curricular topics as appropriate.

	Autumn Term			Spring Term			Summer Term		
Core Theme	<i>Living in the Wider World</i>			<i>Relationships</i>			<i>Health and Wellbeing including being safe online</i>		
	RIGHTS AND RESPONSIBILITIES	BEING SAFE ONLINE	MONEY	FEELINGS AND EMOTIONS	HEALTHY RELATIONSHIPS	VALUING DIFFERENCE	HEALTHY LIFESTYLES	GROWING AND CHANGING	KEEPING SAFE
Year 3	Discuss and debate health and wellbeing issues. Being a part of the community and who works in the community.	Recognising their role in a connected world- making choices to keep them safe. Responsibilities, rights and duties.	Enterprise; what it means; developing entrepreneurial skills. <i>(Cross curricular project with Year 6)</i>	Recognising feelings in others; responding to how others are feeling.	<i>Caring friendships.</i> Positive; healthy relationships and friendships; maintaining friendship; actions affect ourselves and others; working collaboratively.	Recognising and responding to bullying.	What makes a balanced diet; opportunities for making own choices with food; what influences their food choices; habits.	Recognising what they are good at; setting goals. Describing feelings; conflicting feelings and how to manage feelings.	School rules on health and safety; basic emergency aid; people who help them stay healthy and safe.