Slt for Kids Newsletter April 2022

In our April newsletter, we are looking at some important events that happen this month, as well as sharing fun activities to do in the Springtime!







This April, two very special religious practices are occurring. For Muslims, it is the beginning of the month of Ramadan, followed by Eid in May. For Christians, it is the end of Lent (fasting), and the celebration of Easter.

Ramadan During Ramadan, our Muslim friends don't eat or drink during daylight hours. Families prepare special meals called Suhoor (eaten before sunrise) and Iftar (eaten after sunset). Ramadan is also a time for prayer, spending time with family and friends, show gratitude and respect to Allah, and being kind and helpful to other people.

Easter

During the Holy Week of Easter, our Christian friends attend special church services, and may eat special foods. This is to show respect, and celebrate Jesus Christ. Like Ramadan & Eid, Easter is a time for gratitude and spending time with family and friends. It is also a time for new beginnings.

Whether you are religious or not, we can all celebrate this special time by...

